

## FOUNDATION COURSE -FIRST MBBS 2020-21 BATCH -CHENGALPATTU MEDICAL COLLEGE

Date	Batch	8 am - 9am	9 am - 10am	10am - 11am	11am -12pm	12pm - 1pm	1pm - 2pm	2pm - 3pm	3pm - 4pm	4pm - 5pm
25.01.2021		Registration /Inauguration	PRE-EVALATION	ICE-BREAKING		TIME MANAGEMENT		understanding of cultural diversities	Yoga	
26.01.2021		Role of Mentoring	Collaborative learning	YOGA SPORTS AND GREEN CLUB ACTIVITY						
27.01.2021		HISTORY OF MEDICINE		STRESS MANAGEMENT	PROFESSIONALISM AND ETHICS.			COVID S.O.P	UNIVERSAL PRECAUTION	
28.01.2021		Hand washing & Use of PPE		YOGA SPORTS AND GREEN CLUB ACTIVITY						
29.01.2021		ROAD SAFETY.		ANTI-RAGGING/HOSTEL S.O.P		BIO MEDICAL WASTE MANAGEMENT		NON-COMMUNICABLE DISEASES. DEPT.OF PHYSIOLOGY		Disability competencies
30.01.2021		ORGAN DONATION. DEPT. OF ANATOMY		FIRE SAFETY	DISASTER MANAGEMENT DEPT. OF COMMUNITY MEDICINE	IMMUNIZATION & NIP DEPT. OF COMMUNITY MEDICINE		COLLEGE STUDENT COUNCIL & PEER MENTOR MEETING BY SENIOR STUDENTS	Different methods of SDL	
31.01.2021		BIOMEDICAL WASTE MANAGEMENT GROUP ACTIVITY		Pulse Polio Immunisation site visit						
								Documentation of Immunisation	Importance of MLC Documentation	

Date	Batch	8 am - 9am	9 am - 10am	10am - 11am	11am -12pm	12pm - 1pm
13.02.2021		HOSPITAL VISIT. INTRODUCTION TO INSTITUTION/CAMPUS/FACILITIES				
14.02.2021		PRICIPLES OF FAMILY PRACTICE	ROLE OF DOCTORS IN THE SOCIETY		INTER PERSONAL RELATIONSHIP	
21.02.2021		YOGA SPORTS AND GREEN CLUB ACTIVITY				
26.02.21	A	Rural Health Centre Visit (SPM) NATIONAL HEALTH GOALS&POLICIES/ HEALTH CARE SYSTEMS IN INDIA				
	B	Basic Life Support				
	C	Library Vist	Computer skills/e-learning/ Literature Search	language skills & Communication		
27.02.21	B	Rural Health Centre Visit (SPM) NATIONAL HEALTH GOALS&POLICIES/ HEALTH CARE SYSTEMS IN INDIA				
	C	Basic Life Support				
	A	Library Vist	Computer skills/e-learning/ Literature Search	language skills & Communication		
01.03.21	C	Rural Health Centre Visit (SPM) NATIONAL HEALTH GOALS&POLICIES/ HEALTH CARE SYSTEMS IN INDIA				
	A	Basic Life Support				
	B	Library Vist	Computer skills/e-learning/ Literature Search	language skills & Communication		
13.03.2021		OBSERVATION - MEDICAL & NON-MEDICAL PERSONS WITH THE PATIENT				
14.03.2021		Lanuage & Communication skills	IMG ROLES	Over view of MBBS Curriculum		

2pm - 3pm	3pm - 4pm	4pm - 5pm
DOCUMENTATION IN WARD		Expectation of students from institution & vice versa
WORKING IN A HEALTH CARE TEAM		Language & communication
YOGA SPORTS AND GREEN CLUB ACTIVITY		
Rural Health Centre Visit		
Stress Management		Addictions
Yoga		
Rural Health Centre Visit		
Stress Management		Addictions
Yoga		
Rural Health Centre Visit		
Stress Management		Addictions
Yoga		
Computer skills		
Computer skills		

Every week Tuesday 4-5 pm for 29 weeks - Language & communication skills

Every week Monday & Friday 4-5 pm for 24 weeks - Skill Module /Professional Development

<b>Subjects/ Contents</b>	<b>Total Teaching hours</b>	<b>hrs</b>
<b>Orientation</b>	<b>30</b>	<b>30</b>
<b>Skills Module</b>	<b>35</b>	<b>19</b>
<b>Field visit to Community Health Centre</b>	<b>8</b>	<b>8</b>
<b>Professional Development including ethics</b>	<b>40</b>	<b>26</b>
<b>Sports and Extracurricular activities</b>	<b>22</b>	<b>23</b>
<b>Enhancement of language/ computer skills</b>	<b>40</b>	<b>14</b>
		<b>120</b>